

# February Newsletter



Empower youth. Engage parents. Eliminate substance misuse & abuse.

## VISION

**A healthy and safe Beaverhead County**

## MISSION

**To increase healthy opportunities and decrease substance misuse among youth through collaboration, education, and advocacy**

# Upcoming Events & Activities

- 2.9 Game Night (open to any youth grades 6th-12th)
  - Be the Change 406 office 7-8pm
- 2.16 Community Dance (all ages welcome)
  - City Hall 7-9pm
- 2.26 Ribbon cutting & Open House
  - Be the Change office 5-7pm
- Art Workshop: date TBD
- Youth Media Team Meeting: date TBD

Let us know if you'd like to get involved in any way!

We hope you can attend the Community Dance and Open House events.

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On Wednesday, the Parks Committee Youth Coalition members dropped off the Tobacco-Free Park signs for Vigilante Park at City Hall.

We had our first monthly Friday night Game Night on Jan 26. 11 kids came & laughed together! Our next one is tonight at



7pm

This year our youth leaders in attendance at the 34th Annual CADCA Leadership Forum in Washington D.C., were Briley Alberi & Amelia Maki. CADCA's National Leadership Forum is the premiere training event for prevention professionals, community leaders, advocates, and experts to convene, share insights, and collaborate on innovative strategies to drive lasting and impactful community change.

During their time at the forum, they received training from experts in the field, learned about the latest science, news and trends on substance misuse issues, and met many other youth leaders with similar prevention goals.

They also spent time with Senator Tester, Senator Daines, Rep. Ryan Zinke, and Rep. Rosendale to speak about Be The Change 406's successes, goals, and hopes for the future of young Montanans



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