



Empower youth. Engage parents. Eliminate substance misuse & abuse

APRIL NEWSLETTER

VISION

A healthy and safe Beaverhead County

MISSION

To increase healthy opportunities and decrease substance misuse among youth through collaboration, education, and advocacy

Upcoming Events & Activities

- 4.1 Executive Board meeting
- 4.2 Lima Coalition meeting
- 4.5 High School Coalition meeting
- 4.10 Middle School Coalition meeting
- 4.19 April Game Night

Let us know if you'd like to get involved in any way!



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Friday Night Game Night: 16 youth attended our game night, for "So You Think You Know Fentanyl" trivia, and "Beat That!"

March Recap

High School and Middle School Youth Coalition Meetings:

Our youth coalitions met to discuss upcoming projects and initiatives, including developing a presentation for 5th graders on substance prevention and how they can get involved next fall to help "Be the Change". Another project on the horizon is our summer youth retreat.

United Way Grant:

Be the Change 406 was awarded a \$1,400 grant from United Way to support our projects.



City Parks Meeting:

We attended the City Parks meeting to meet the new members, and continue our collaboration with them.

Youth Coalition Art Workshop:

12 middle school members participated in an art workshop, creating artwork for the upcoming Be the Change Youth Coalition Art Show at Patagonia.



[Find us on Facebook](#)

[Find us on Instagram](#)

[visit our website](#)

On the radar:

Keynote Speaker Luncheon: We're excited to announce that on May 8th, we'll be hosting Keynote Speaker Ben Cort for a luncheon. Save the date! More details to come. *(This will also be our 2nd quarterly sector meeting for the month of May).*

Call to Action: Spread the word

As we continue our mission to prevent substance misuse and promote healthy lifestyles, we encourage all members to spread the word about our coalition and invite others to join us in making a difference. Together, we can create a healthier, safer community for everyone.

Stay Connected: Follow us on Social Media

Don't forget to follow us on Instagram & Facebook, @BeTheChange406 for the latest news, events, and opportunities.

That's all for now, Be the Change 406! Let's continue to work together, support each other, and inspire positive change in our community.

Sincerely,

Brooke Hill
DFC Project Coordinator
Be the Change 406